



### Here's what happens...

Gideon is hiding from his enemies when an angel appears, calls Gideon a mighty hero, and instructs him to go into battle. Although Gideon is weak in his own strength, he takes a large army into battle. But God whittles the army down to a very small one to show it's *God's* power that wins the battle.

### Bible Point:

We are strong with God.

*"For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago" (Ephesians 2:10).*

### Family Together Time

Host a wacky Olympics for your family, competing in silly athletic events like these:

- **Book Racing:** Balance a book on your head and see how fast you can cross a room. For bonus rounds, try balancing two or even three books on your head!
- **Spoon Toss:** Toss a spoon so it lands in a plastic bowl. Too easy? Turn around and toss it into a bowl behind you!
- **Towel Scoot:** Sit on a bath towel, then scoot across the room without touching the floor.
- Add your own creative events!

After your Olympics, talk about how *real* athletes train to get stronger. Compare that to how we get stronger when we spend time with God.



### Talk About This...

- Share one area of your life that makes you feel weak, scared, or powerless.